

# da MARA



Winner of **SME Wales** Award for  
"BEST ITALIAN DINING EXPERIENCE – CARDIFF 2018"

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## PRIMI - STARTER

ZUPPA DEL GIORNO Chef's fresh soup of the day	£5.50
SALSICCIA DELLO CHEF Pork sausage freshly prepared with a traditional Sardinian recipe, served with toasted rustic bread	£6.95
PROSCIUTTO CRUDO, RUCOLA E BUFALINA Rocket salad, buffalo mozzarella and cured ham	£7.95
MOZZARELLA IN CAMICIA Baked fresh mozzarella wrapped in cooked ham and served on a bed of fruit coulis and balsamic dressing	£6.95
BRUSCHETTA POMODORO (V) (Ve) Rustic bread topped with fresh tomatoes, finished in the oven	£5.50
ANTIPASTO MISTO DI TERRA 2 people to share - Mix of fresh cured meats, olives , cheeses and bread	£19.95
CAPELANTE AL TARTUFO Scallops served on a bed of pea puree, drizzled with truffle oil	£9.50
CALAMARI FRITTI Squid served in a crispy coating served with a citrus mayonnaise	£7.50
GUAZZETTO DI COZZE E VONGOLE Mix of clams and mussels in a spicy tomato sauce served with rustic toasted bread	£6.95
COCKTAIL DI GAMBERI Traditional mix of baby prawns in a delicate Mary Rose sauce	£6.95

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## PASTA & RISO

SPAGHETTI BOLOGNESE £6.50/£12.50  
Spaghetti pasta served in a rich homemade Bolognese sauce

TAGLIATELLE SALSICCIA RUCOLA E GORGONZOLA £12.95  
Tagliatelle pasta served with freshly homemade sausage and gorgonzola sauce,  
topped with rucola salad

PENNE PANCETTA E PORCINI £6.95/£13.50  
Penne pasta served with Italian pancetta, porcini mushrooms and  
white wine sauce

SPAGHETTI SCOGLIO £14.95  
Spaghetti pasta cooked with cherry tomatoes, garlic and mussels, squid  
and baby prawns

TAGLIATELLE CARBONARA DI MARE £14.95  
Tagliatelle pasta served with mixed seafood, eggs, garlic, parsley and  
white wine sauce

RISOTTO DELLO CHEF (V) (Ve) £6.95/£13.50  
Risotto cooked with porcini mushrooms and truffle oil

PENNE AL SALMONE £14.95  
Penne pasta cooked in a delicate sauce made with garlic, tomatoes,  
smoked salmon and vodka

GNOCCHI ALLA NORMA (V) £6.95/£13.50  
Potatoes gnocchi served on a tomato, basil, aubergines and mozzarella sauce

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## SECONDI - MAINS

### ALL OUR MEATS ARE OF WELSH ORIGIN

COSTOLETTE DI AGNELLO £17.95  
Welsh rack of lamb cooked in rosemary and garlic sauce

POLLO GORGONZOLA £13.95  
Welsh chicken breast served with gorgonzola cheese and a touch of cream

CARNE DEL GIORNO £POA  
Fresh meat of the day

FRITTO MISTO £16.75  
Mix of squids, king prawns and whitebait served with mayonnaise

BRANZINO AL FORNO £17.95  
Fresh filleted sea bass served with garlic, chilli, basil and cherry tomato sauce

PESCE DEL GIORNO £POA  
Fresh fish of the day

### SIDES

Olives (V) (Ve) £2.90

Bread & Oil (V) (Ve) £2.90

Chips or Roasted potatoes (V) (Ve) £3.20

Mix side salad (V) (Ve) £3.50

Ratatouille (V) (Ve) £3.20

Garlic bread made with homemade focaccia base £5.95

### STEAK SAUCES

Peppercorn £2.50

Gorgonzola £2.50

Red wine sauce £2.50

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## PIZZE

12" Stone baked in traditional Italian log burning oven

MARGHERITA	£8.95	PARMIGIANA	£10.95
Tomato sauce, mozzarella, basil and olive oil		Tomato sauce, mozzarella, rocket, scamorza cheese, aubergines, ham	
MARINARA (v)	£7.50	BOSCAIOLA	£12.95
Tomato sauce, garlic, oregano, basil, olive oil and anchovies (no mozzarella)		Tomato sauce, mozzarella, mascarpone, Italian sausage and mushrooms	
COTTO E FUNGHI	£10.95	A MODO MIO	£11.95
Tomato sauce, ham, mushrooms and mozzarella		Tomato sauce, mozzarella, mushrooms, chicken and sliced pancetta	
4 STAGIONI	£11.95	PANCETTA	£11.95
Tomato sauce, mozzarella, ham, mushrooms, olives and artichokes		White base, mozzarella, sliced red onions, oven baked potatoes and pancetta (no tomato sauce)	
PARMA	£11.95	CAMPAGNOLA	£10.95
Tomato sauce, mozzarella, rocket salad, Parma ham, parmesan shavings		Tomato sauce, cherry tomatoes, artichokes, red onions, olives, basil, olive oil, rocket salad	
VEGETARIANA	£10.95	SALMON	£12.95
Tomato sauce, Pesto sauce, mozzarella, aubergines and soft cheese		Tomato and cream sauce, mozzarella, soft cheese, rocket, smoked salmon	
DIAVOLA	£11.95	CAPRICCIO	£11.95
Tomato sauce, mozzarella, spianata Calabra, 'Nduja and olives		Tomato sauce, mozzarella, Napoli salami, goat cheese, artichokes and peppers	
CALABRESE	£12.95		
Tomato sauce, mozzarella, peppers, Italian sausage, 'Nduja and oven baked potatoes			

ALL PIZZAS ARE ALSO AVAILABLE AS CALZONE AT THE SUPPLEMENT OF £1.50  
ALL PIZZAS CAN BE SERVED WITH BUFFALO MOZZARELLA AT THE SUPPLEMENT OF £2.00

## FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal when making your order

